

LEARNING, TEACHING AND TRAINING ACTIVITY IN SPLIT "PROMOTING ACTIVE AGEING AND WELL-BEING"



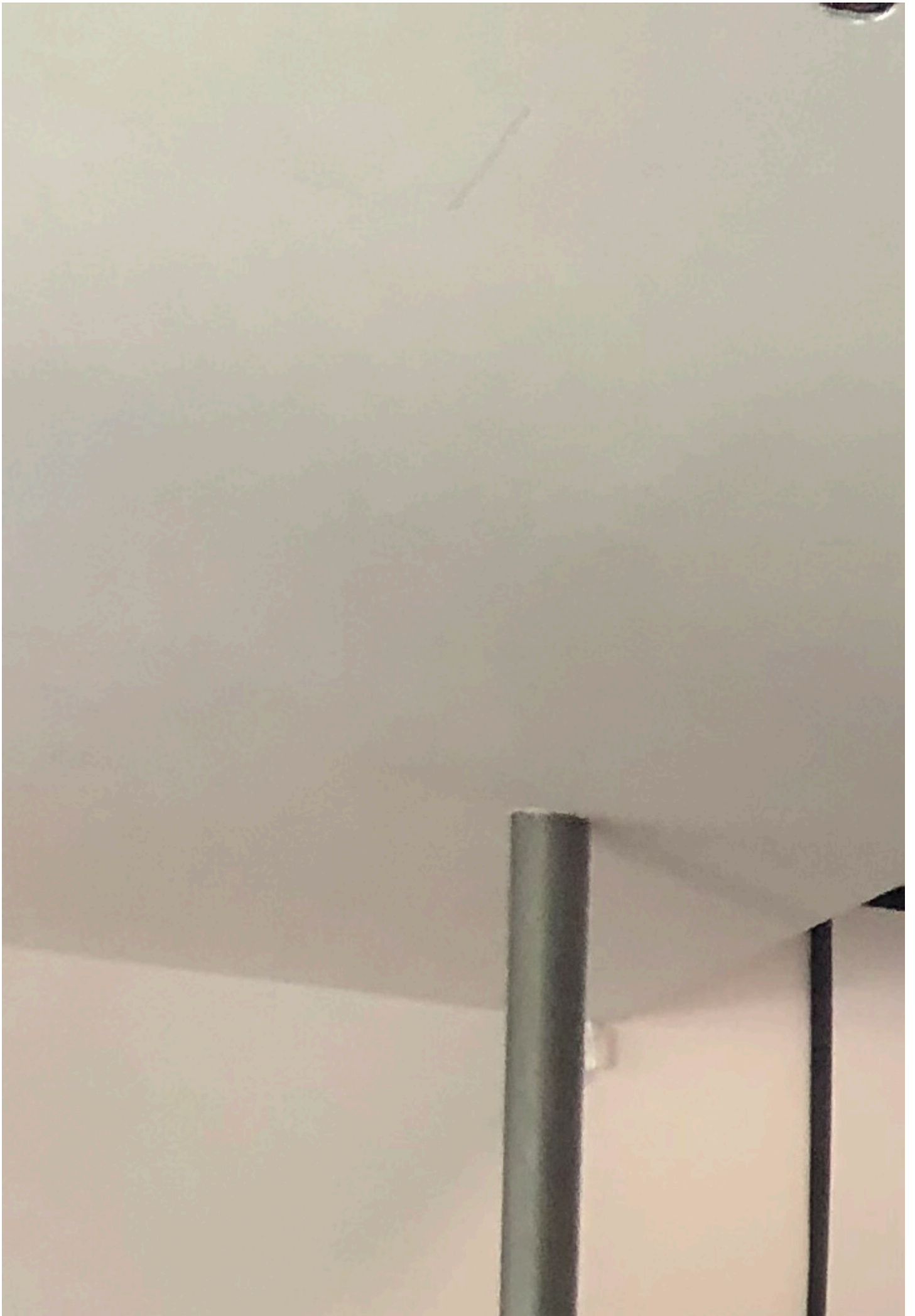
In the framework of the Erasmus+60 project, the partners organized a week of Learning Teaching and Training activities entitled "Promoting active ageing and well-being" in Split. The aim of this learning week is to test the academic content, intercultural perspectives

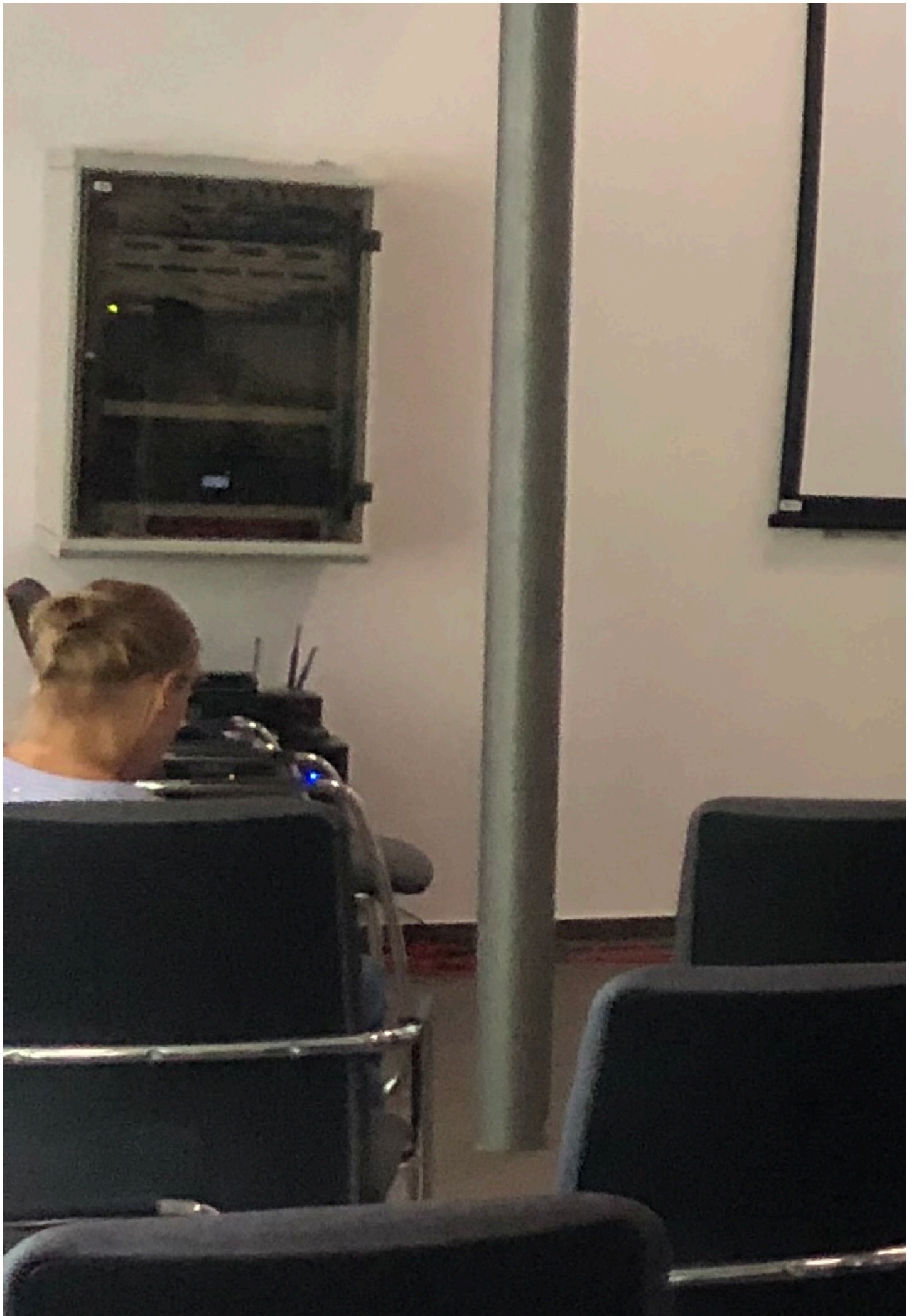
and linguistic issues in order to identify and reflect the needs of the end-users, i.e. senior citizens, in a more representative way.





The program includes courses and workshops (or practical activities) on promoting active ageing and Croatian culture.







The partners were able to present the e-learning platform and the courses developed on a wide range of subjects:

- » Promoting active ageing and well-being through physical activity
- » Travel literature and health tourism
- » Cultural diversity: similarities and differences
- » Permaculture garden
- » Digital skills
- » Critical thinking