LEARNING, TEACHING AND TRAINING ACTIVITY IN SPLIT "PROMOTING ACTIVE AGEING AND WELL-BEING"



In the framework of the Erasmus+60 project, the partners organized a week of Learning Teaching and Training activities entitled "Promoting active ageing and well-being" in Split. The aim of this learning week is to test the academic content, intercultural perspectives

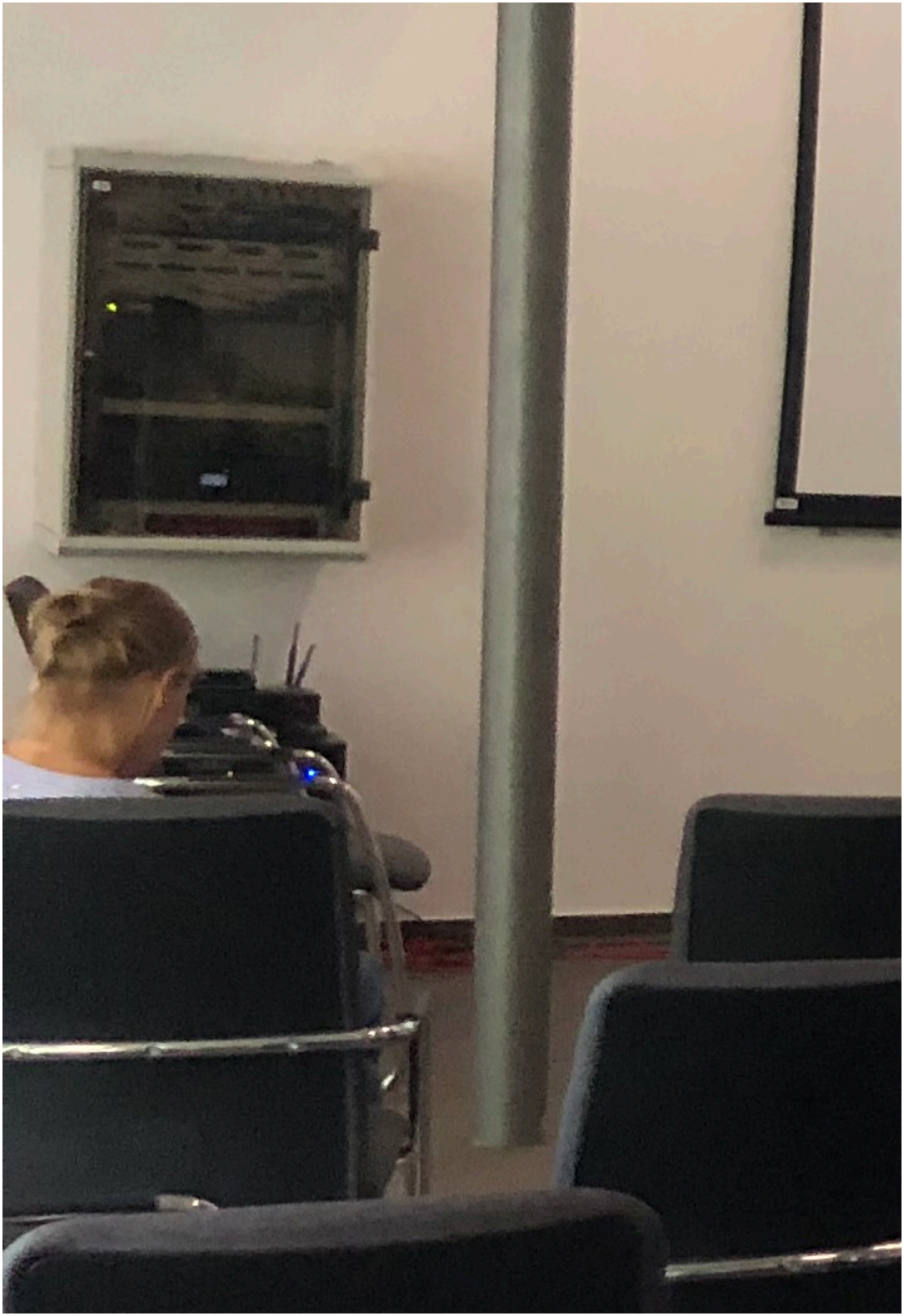
and linguistic issues in order to identify and reflect the needs of the end-users, i.e. senior citizens, in a more representative way.





The program includes courses and workshops (or practical activities) on promoting active ageing and Croatian culture.







The partners were able to present the e-learning platform and the courses developed on a wide range of subjects:

- Promoting active ageing and well-being through physical activity
- Travel literature and health tourism
- Cultural diversity: similarities and differences
- Permaculture garden
- Digital skills
- Critical thinking